



# SCIENTIFIC PROGRAM

# ILIZAROV FELLOWSHIP -2023, SOLAPUR, MS, INDIA.

Russian Ilizarov Center, Adke Hospital, Solapur, India. www.ilizarovadke.com.

@ Hotel Pratham , Saat Rasta , Solapur , India. 11<sup>th</sup> to 17<sup>th</sup> December, 2023.



Course Director: Dr.Sandeep S. Adke, MS,DNB(Ortho), FRSC(Kurgan, Russia), Ilizarov & Cosmetic Orthopaedic Specialist, President ASAMI INDIAN. Director RIC, Adke Hospital, Solapur, MS, India.

## 11 Dec.2023, MONDAY:-

9.00 to 9.30 am -Registration.

9.30 to 9.45 am -Inauguration.

9.45 to 10.00 am – Introduction.

10.00 to 12.30 pm - Master Class.

• Ilizarov – The art of Bone Making. Original RISC, Kurgan Video.

- My Kurgan Experience.
- Introduction of Apparatus & Basic Principles of Ilizarov.

12.30 to 2.00 pm -Lunch @ Buzz Lounge.

2.00 to 5.00 pm -Hands on Demonstration. Basic Tibia Ilizarov Frame Progressive Construction.

(Original Kurgan way.)

5.00 to 5.30 pm- Question & Answers / Case presentation by participants.

#### 12 Dec.2023, TUESDAY:-

9.00 to 12.30 pm -

- Basic Ilizarov Frame Construction, Safe Zones & techniques-Original Kurgan style.
- Fracture Fixation of Upper & Lower limb.
- Compound Fracture
- Comminuted & Periarticular fractures.
- Dislocations & Polytrauma.

12.30 to 2.00 pm- Lunch @ Buzz Lounge.

2.00 to 5.00 pm- **Workshop 1 –** Tibia Ilizarov Frame Construction.

5.00 to 5.30 pm- Question & Answers / Case presentation by participants.

#### 13 Dec. 2023, WENESDAY:-

9.00 to 12.30 pm- Master Class.

- Secrets of Ilizarov-Tips & Tricks.
- Complications of Ilizarov & Prevention.
- Non Union –Classification, Planning & Treatment.
- Infections & Osteomylities.

12.30 to 2.00 pm- Lunch @ Buzz Lounge.

2.00 to 5.00 pm – **Workshop 2**– Femur Ilizarov Frame Construction.

5.00 to 5.30 pm- Question & Answers / Case discussion by participants.

#### 14 Dec.2023, THURSDAY:-

Trade Exhibition Courtesy SANDAN SURGICAL. India's No.1 Ilizarov Mfg.Co.

9.00 to 12.30 pm- Master Class.

- Deformity Correction –Planning & Principles.
- Lengthening Planning & Principles.
- Corticotomy(Original Closed Kurgan style)-technique & principles.
- Cosmetic Orthopaedics.

12.30 to 2.00 pm - Lunch @ Buzz Lounge.

2.00 to 5.00 pm – **Workshop 3**- Deformity Correction.

5.00 to 5.30 pm- Question & Answers / Case discussion by participants.

#### 15 Dec., 2023, FRIDAY:-

9.00 to 11.00 am- Master Class.

- Joint pathologies.
- HTO by Ilizarov for O.A Knee.
- Pelvic fractures & pathologies.
- Paediatric applications of Ilizarov.

11.00 to 12.30 pm- Workshop 4- Humerus Ilizarov Frame Construction.

12.30 to 2.00 pm- Lunch @ Buzz Lounge.

2.00 to 5.00 pm- **Workshop** 5– Radius & Ulna Ilizarov Frame Construction.

5.00 to 5.30 pm- Question & Answers /Case discussion by participants.

### 16 Dec.2023, SATURDAY:-

9.00 to 12.30 pm- Various live Case presentations & discussion.

12.30 to 2.00 pm- Lunch@ Buzz Lounge.

2.00 to 5.00 pm- Live / Video Operative various Ilizarov cases demonstration by Prof.V.I Shevtsov

(Ex Director, RISC, Kurgan) & Dr. Sandeep Adke.

## 7.00 pm- Fellowship Dinner with live Band @ Garden Restaurant , Hotel Pratham , Solapur.



## 17 Dec.2023, SUNDAY:-

9.00 to 1.00 pm-

- Hand, Ankle& Foot applications.
- Spinal & Vascular applications.
- Certificate Distribution, Feedbacks &Valedictory function.

Workshop 6- Pelvis & Spine Frame Demonstration.

**Workshop 7-** Hand, Ankle & Foot Frame Demonstration.

1.00 to 2.00 pm - Motivational Speech.....How to be Successful!

 $2.00\ pm$ - Lunch @ Buzz Lounge .

Program Ends.....

